

# OCTOBER 2025

## BREAKFAST

6-12TH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>SEPT</b> 29	<b>SEPT</b> 30	1 Egg & Cheese Bagel <i>or</i> Ham Wrap Fresh Orange/Orange Juice	2 Breakfast Taco & Ranchero Salsa <i>or</i> Apple Cinnamon Oatmeal & Sausage Red Apple/Applesauce	3 2 WG Waffle & Turkey Sausage & Syrup <i>or</i> Pancake Sandwich ½ C Fresh Strawberry/Pear
6 Blueberry Bagel & 1 oz Cream Cheese Cup <i>or</i> 2 Monster Pancakes & Red Sauce Green Apple/ ½ C Grapes	7 Homemade Kolache <i>or</i> Scrambled Egg & Cheese w/ WG Toast & Ranchero Salsa Banana/Apple Juice	8 Ham & Cheese Croissant <i>or</i> Hash Brown & 2 Sausage & Ketchup Fresh Orange/Orange Juice	9 Caramel Pumpkin Parfait w/ Granola <i>or</i> Honeybun w/ String Cheese Red Apple/Apple Juice	10 <b>Staff/Student Holiday</b>
13 <b>Staff Development /Student Holiday</b>	14 Spooky Web Donut w/ Turkey Sausage <i>or</i> Egg, Sausage & Cheese Biscuit Banana/Apple Juice	15 Crispy Chicken Biscuit w/ Hot Honey <i>or</i> 2 WG Toast & (2) 1 oz Strawberry Cream Cheese Fresh Orange/Orange Juice	16 Egg & Cheese Omelette w/ Salsa & WG Toast <i>or</i> Danish & String Cheese Red Apple/Apple Juice	17 2 Monster Pancakes w/ Red Sauce <i>or</i> Blueberry Oatmeal Fresh Orange/Pear
20 Pumpkin Spice Muffin Vanilla Yogurt Cup <i>or</i> Danish & Vanilla Yogurt Cup Green Apple/ ½ C Grapes	21 Ham & Cheese Tater Tot Bake <i>or</i> Cheese Omelette w/ Toast & Salsa Banana/Apple Juice	22 Sausage & Cheese Pancake Sandwich <i>or</i> Breakfast Toaster Fresh Orange/Orange Juice	23 Potato, Egg & Cheese Taco & Ranchero Salsa <i>or</i> Glazed Donut & Bacon Red Apple/Apple Juice	24 2 WG French Toast & Honey w/ 3 Slc Turkey Bacon <i>or</i> Egg Patty and Cheese Melt Fresh Orange/Pear
27 1 WG Toast 1 oz Strawberry Cream Cheese Cup <i>or</i> Banana Loaf & String Cheese Green Apple/ ½ C Grapes	28 Caramel Cinnamon Roll <i>or</i> Crispy Chicken Sandwich Banana/Apple Juice	29 Egg & Cheese Croissant <i>or</i> Chunky Monkey Parfait Fresh Orange/Orange Juice	30 Bean & Cheese Taco & Ranchero Salsa <i>or</i> Sausage & Cheese Bagel Red Apple/Apple Juice	31 2 WG Pancake & Cinnamon Drizzle Choice of Cereal Turkey Sausage Fresh Orange/Pear



Menu items are subject to change based on product availability. This menu follows the USDA School Breakfast Program (SBP) meal pattern requirements for grades 6-12. Students will have the option to choose between 1% white milk, fat-free chocolate milk with each breakfast. 6-12th will have choice of parfaits, muffins, and cereals daily.

**National School Lunch Week: Oct 13th-Oct 17th**





# OCTOBER 2025

9-12  
CHEF'S TABLE

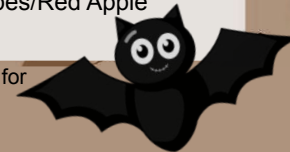
## LUNCH

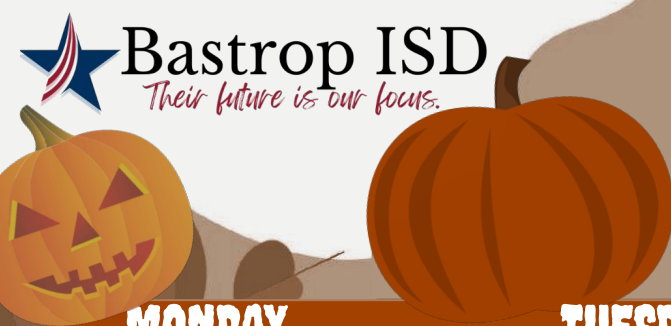
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>SEPT</b> 29	<b>SEPT</b> 30	Popcorn Chicken Bowl Garden Salsa Sunchips Seasoned Diced Carrots Fresh Celery & Ranch Red Apple/Applesauce 1	Loaded Baked Potato Cheese & Beef w/ Pico de Gallo Cornbread Butter Corn Comb Side Salad w/ Croutons Banana/Apple Juice 2	Meatloaf 1 Cup Rice Black bean & corn Salad/Fresh Broccoli & Ranch ½ C Watermelon/ Red Apple 3
BBQ Pulled Chicken Sandwich Fresh Celery & Ranch French Fries & Ketchup Green Apple Applesauce 6	Roast Beef & Caramelized Onion Sandwich Mushroom Soup Charro Beans Side Salad w/ Ranch ½ C Fresh Cantaloupe/ Fresh Pear 7	Deli Melt ¾ C Seasoned Diced Carrots Fresh Broccoli & Ranch Fresh Orange Applesauce 8	Meatball Sub w/ Marinara Creamed Spinach ¾ C Sweet Potato Fries & Ketchup Banana/Applesauce <b>*Halloween Sweet Treat*</b> 9	<b>Staff/Student Holiday</b> 10
<b>Staff Development /Student Holiday</b> 13	Sloppy Jo's Garden Salsa Sunchips Refried Beans Slc Green Bell Peppers & Ranch Small Peach/Applesauce 14	Beef and Chimichurri Rice Bowl Fresh Broccoli & Ranch Coleslaw Fresh Orange/Applesauce 15	BBQ Chicken Drumstick Cornbread Cheddar Sunchips ¾ C mashed Sweet Potatoes & Mushroom Sauce Side Salad & Ranch Banana/Applesauce <b>*Sweet Treat*</b> 16	Chile Verde Rice Bowl ¾ C Seasoned Diced Carrots Butter Corn Comb ½ Slc Grapefruit/ Red Apple 17
Spicy Buffalo Tenders 1 WG Roll Mashed Potato & Gravy Sliced Cucumber & Ranch Green Apple Applesauce 20	King Ranch Casserole Spanish Rice Black Bean & Corn Salad Celery Sticks w/ Ranch Small Peach Fresh Pear 21	Chicken Parmesan Panini Potato Soup Fresh Broccoli & Ranch Fresh Orange/Applesauce 22	Asian Chicken Noodle Egg Roll Broccoli & Cheese Soup ¾ C Red Bell Peppers & Ranch Banana/Applesauce <b>*Sweet Treat*</b> 23	BBQ Pulled Pork Sandwich ¾ C Seasoned Diced Carrots Potato Wedges & Ketchup ½ C Watermelon/Red Apple 24
Grilled Cheese Sandwich Fresh Broccoli & Ranch Tater Tots & Ketchup Green Apple/Applesauce 27	Pork Carnitas 1 Cup Mexican Rice Charro Beans Sliced Cucumber & Ranch ½ C Fresh Cantaloupe Fresh Pear 28	Meatloaf 1 Cup Rice ¾ C Seasoned Diced Carrots Caesar Salad w/ Caesar Dressing Fresh Orange Applesauce 29	Chicken Pot Pie ¾ C Sweet Potato Fries Coleslaw Banana/Applesauce 30	Mummy Dog w/ ketchup & Mustard Cucumber & Tomato Salad Pinto Beans Goblin Grapes/Red Apple 31



Menu items are subject to change based on product availability. This menu follows the USDA National School Lunch Program (NSLP) meal pattern requirements for grades 9-12. Students will have the option to choose between 1% white milk, fat-free chocolate milk, or fat-free strawberry milk with each lunch.

**National School Lunch Week: Oct 13th-Oct 17th**





# OCTOBER 2025

9-12  
THE GRILL

## LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>SEPT</b> 29	<b>SEPT</b> 30	Southwest Burger Buffalo Chicken Burger Garlic Potato Wedges Baby Carrots & Ranch Mayo/Mustard/Ketchup Red Apple Applesauce 1	Hamburger Spicy Chicken Sandwich French Fries Slc Cucumber & Ranch Banana/Apple Juice 2	Mac & Cheese Burger Cheeseburger Garden Salsa Sunchips Mediterranean Salad ¾ C Seasoned Diced Carrots ½ C Watermelon/ Red Apple 3
Cheeseburger Crispy Chicken Sandwich Fresh Celery & Ranch French Fries & Ketchup Green Apple/Applesauce 6	Hamburger Chicken Sandwich w/ Sauce ¾ C Sweet Potato Fries Side Salad w/ Ranch ½ C Fresh Grapes Fresh Pear 7	Spicy Chicken Sandwich Veggie Burger w/ Bastrop Sauce Slc Cucumber & Ranch Lettuce & Tomato Topping Fresh Orange/Applesauce 8	Cheeseburger Spicy Chicken Sandwich Mediterranean Salad ¾ Cup Sweet Potato Fries & Ketchup Banana/Applesauce <b>*Halloween Sweet Treat*</b> 9	<b>Staff/Student Holiday</b> 10
<b>Staff Development /Student Holiday</b> 13	Bacon Cheeseburger Grilled Chicken Sandwich Potato Wedges & Ketchup Refried Beans Small Peach/Applesauce 14	Mac and Cheese Burger Hamburger Sliced Cucumber & Ranch Coleslaw Fresh Orange/Applesauce 15	Buffalo Chicken Sandwich Veggie Burger w/ Bastrop Sauce ¾ C Seasoned Sweet Potatoes Side Salad & Ranch Banana/Applesauce <b>*Sweet Treat*</b> 16	Crispy Chicken Burger BBQ Onion Burger ¾ C Seasoned Diced Carrots French Fries & Ketchup ½ Slc Grapefruit Red Apple 17
Crispy Chicken Burger Cheeseburger Sliced Cucumber & Ranch French Fries & Ketchup Green Apple Applesauce 20	Grilled Chicken Sandwich Southwest Burger w/ Sauce Black Bean & Corn Salad Celery Sticks w/ Ranch Small Peach Fresh Pear 21	Buffalo Chicken Sandwich Veggie Burger w/ Bastrop Sauce Potato Soup Fresh Broccoli & Ranch Fresh Orange Applesauce 22	Cheeseburger Chicken Burger w/ Chicken Sauce Broccoli & Cheese Soup ¾ C Red Bell Peppers & Ranch Banana/Applesauce <b>*Sweet Treat*</b> 23	Bamboo Jack Chicken Sandwich Bacon Cheeseburger ¾ C Seasoned Diced Carrots Potato Wedges & Ketchup ½ C Watermelon/Red Apple 24
Crispy Chicken Sandwich Cheeseburger Fresh Broccoli & Ranch Tater Tots & Ketchup Green Apple/Applesauce 27	Grilled Chicken Sandwich BBQ Onion Burger Refried Beans Sliced Cucumber & Ranch ½ C Fresh Grapes Fresh Pear 28	Cheeseburger Crispy Chicken Burger Fresh Celery & Ranch ¾ C Seasoned Diced Carrots Fresh Orange/Applesauce 29	Hamburger Spicy Chicken Sandwich ¾ C Sweet Potato Fries Coleslaw Banana/Applesauce 30	Cheeseburger Spicy Chicken Burger Cucumber & Tomato Salad French Fries & Ketchup ½ C Watermelon Red Apple 31



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**National School Lunch Week: Oct 13th-Oct 17th**







# OCTOBER 2025

9-12  
TEX-MEX

## LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>SEPT</b> 29	<b>SEPT</b> 30	1 Chicken Nachos Jalapeno & Salsa Garden Salsa Sunchips Refried Beans Fresh Celery & Ranch Red Apple/Applesauce	2 Cheese Quesadilla & Pico De Gallo Roasted Red Peppers Slc Cucumber & Ranch Banana Apple Juice	3 Fajita Chicken Taco & Salsa Black bean & corn Salad Seasoned Diced Carrots ½ C Watermelon Red Apple
6 Chicken Quesadilla & Salsa ¾ C Roasted Diced Carrots Fresh Celery & Ranch Green Apple Applesauce	7 Beef Enchilada & Salsa Cilantro Lime Rice Refried Beans Side Salad w/ Ranch ½ C Fresh Grapes Fresh Pear	8 Soft Bean & Cheese Taco Pico de Gallo Spanish Rice ¾ C Seasoned Diced Carrots Fresh Broccoli & Ranch Fresh Orange/Applesauce	9 Beef Nachos w/ Jalapeno & Pico de Gallo Creamed Spinach Seasoned Yellow Summer Squash Banana/Applesauce <b>*Halloween Sweet Treat*</b>	10 <b>Staff/Student Holiday</b>
13 <b>Staff Development /Student Holiday</b>	14 Spinach Chicken Quesadilla & Pico de Gallo Garden Salsa Sunchips Refried Beans Slc Green Bell Peppers & Ranch Small Peach/Applesauce	15 Cheese Enchilada & Salsa Cilantro Lime Rice Fresh Broccoli & Ranch Coleslaw Fresh Orange Applesauce	16 Soft Beef, Cheese & Bean Taco & Salsa Cheddar Sunchips ¾ C Seasoned Sweet Potatoes Side Salad & Ranch Banana/Applesauce <b>*Sweet Treat*</b>	17 Fajita Chicken 1 Cup Rice Salsa ¾ C Seasoned Diced Carrots Butter Corn Comb ½ Slc Grapefruit Red Apple
20 Beef & Cheese Taco & Salsa Sliced Cucumber & Ranch Ranchero Pinto Beans Green Apple Applesauce	21 Beef and Cheese Nachos w/ Salsa Black Bean & Corn Salad Celery Sticks w/ Ranch Small Peach Fresh Pear	22 Fajita Chicken Taco & Salsa Seasoned Corn Fresh Broccoli & Ranch Fresh Orange Applesauce	23 Beef Nachos w/ Jalapeno & Pico de Gallo Broccoli & Cheese Soup ¾ C Red Bell Peppers & Ranch Banana/Applesauce <b>*Sweet Treat*</b>	24 Pork Carnitas Mexican Rice ¾ C Seasoned Diced Carrots Celery Sticks & Ranch ½ C Watermelon Red Apple
27 Chicken Nachos Jalapeno & Salsa Fresh Broccoli & Ranch Pinto Beans Green Apple Applesauce	28 Beef Enchilada & Salsa ½ C Spanish Rice Refried Beans Sliced Cucumber & Ranch ½ C Fresh Grapes Fresh Pear	29 Asian Pork Nachos Pico De Gallo Fresh Celery & Ranch ¾ C Seasoned Diced Carrots Fresh Orange Applesauce	30 Fajita Taco & Salsa ¾ C Orange Bell Peppers Seasoned Corn Banana Applesauce	31 Beef & Cheese Nachos w/ salsa Cucumber & Tomato Salad Pinto Beans ¼ C Watermelon Red Apple



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**National School Lunch Week: Oct 13th-Oct 17th**





# OCTOBER 2025

## LUNCH

9-12  
ITALIAN  
CUISINE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>SEPT</b> 29	<b>SEPT</b> 30	Baked Pasta Pepperoni Pizza Garden Salsa Sunchips ¾ C Seasoned Diced Carrots Fresh Celery & Ranch Red Apple Applesauce 1	Beef Lasagna Cheese Pizza ¾ C Basil Tomato Soup Slc Cucumber & Ranch Banana Apple Juice 2	Chicken Mozzarella w/ Marinara Sauce Pepperoni Pizza Italian Breadstick Mediterranean Salad Seasoned Diced Carrots ½ C Watermelon/ Red Apple 3
Pepperoni Pizza Chicken Ranch Flatbread Fresh Celery & Ranch French Fries & Ketchup Green Apple/Applesauce 6	Chicken Spinach Alfredo Cheese Pizza Mediterranean Salad Side Salad w/ Ranch ½ C Fresh Grapes Fresh Pear 7	Grilled Cheese Pepperoni Pizza ¾ C Seasoned Diced Carrots Fresh Celery & Ranch Fresh Orange/Applesauce 8	Meatball Sub w/ Sauce Pepperoni Pizza Creamed Spinach ¾ C Sweet Potato Fries & Ketchup Banana/ Applesauce <b>*Halloween Sweet Treat*</b> 9	<b>Staff/Student Holiday</b> 10
<b>Staff Development /Student Holiday</b> 13	Cheesy Penne Pasta Cheese Pizza Mediterranean Salad Slc Green Bell Peppers & Ranch Small Peach/Applesauce 14	Chicken Mozzarella w/ Marinara Sauce Garlic Breadstick Fresh Broccoli & Ranch Coleslaw Fresh Orange/Applesauce 15	Meatball & Spaghetti Pepperoni Pizza Cheddar Sunchips ¾ C Seasoned Sweet Potatoes Caesar Salad & Dressing Banana/Applesauce <b>*Sweet Treat*</b> 16	Spaghetti Bolognese Garlic Breadstick Pepperoni Pizza ¾ C Seasoned Diced Carrots Butter Corn Comb ½ Slc Grapefruit/ Red Apple 17
Pepperoni Pizza Buffalo Chicken Flatbread Sliced Cucumber & Ranch French Fries & Ketchup Green Apple/Applesauce 20	Cheese Lasagna Pepperoni Pizza Mediterranean Salad Celery Sticks w/ Ranch Small Peach/Fresh Pear 21	Chicken Alfredo Cheese Pizza Potato Soup Fresh Broccoli & Ranch Fresh Orange/Applesauce 22	Cheese Ravioli w/ Sauce Cheese Pizza Broccoli & Cheese Soup ¾ C Red Bell Peppers & Ranch Banana/Applesauce <b>*Sweet Treat*</b> 23	Three Cheese Stromboli Pepperoni Pizza ¾ C Seasoned Diced Carrots Celery Sticks & Ranch ½ C Watermelon/Red Apple 24
Pepperoni Pizza Garden Veggie Pizza Fresh Broccoli & Ranch French Fries & Ketchup Green Apple/Applesauce 27	Meatball Sub & Sauce Cheese Pizza Mediterranean Salad Sliced Cucumber & Ranch ½ C Fresh Grapes/Fresh Pear 28	Cheesy Penne Pasta Pepperoni Pizza Fresh Celery & Ranch ¾ C Seasoned Diced Carrots Fresh Orange Applesauce 29	Chicken Mozzarella w/ Sauce Cheese Pizza ¾ C Sweet Potato Fries Coleslaw Banana Applesauce 30	Baked Pasta Pepperoni Pizza Cucumber & Tomato Salad Side Salad & Dressing ½ C Watermelon Red Apple 31



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